

266549/2023

NHMHP-RKSK0GEN/1/2021-RKSK-NATIONAL HEALTH PROMOTION

Minutes of the meeting of Committee held on 17.10.2023 at 11.00 a.m. under the Chairperson-ship of Mission Director, NHM to discuss the various issues related to development of Annual School Health Calendar

The following officials attended the meeting:

1. Dr. Sanjay Ranaut, SPO(RBSK) NHM, HP.
2. Dr. Gopal Chauhan, SPO(NCD), NHM, HP.
3. Dr. Anjali Chauhan, SPO(RKSK), NHM, HP.
4. Dr. Seema Thakur, Asstt. Director, WDC.
5. Smt. Kiran Bala, State Coordinator, SSA.
6. Smt. Shanta Chauhan, Asstt. Director, Elementary Education.
7. Smt. Puneet Sharma, Asstt. Director, Higher Education.
8. Dr. Pavneet Chona, Consultant, CH, NHM
9. Dr. Gaurav Sethi, State Team Lead, MAMTA-HIMC.

MISSION DIRECTOR (NHM)  
30 OCT 2023  
Shimla-9 (H.P.)

At the outset of meeting, SPO(RKSK) welcomed all the participants and gave a brief overview of School Health and Wellness Programme being implemented across the state to strengthen the preventive and promotive aspects of adolescents through health promotion activities at school level. The programme is already being implemented in eight districts and now four remaining districts are also being covered under this initiative during the current financial year. She further informed that a State Level Coordination Committee has been constituted under the co-chairperson-ship of Secretary (Health) and Secretary Education to review the implementation of this programme and resolve programme related issues. A meeting of this committee was held on 13<sup>th</sup> March, 2023 and it was directed by the chair to develop an Annual School Health Calendar in which all health related activities along with other activities conducted at school level shall be included. This shall be used to disseminate the information to parents, students and other stake holders. Therefore, a committee under the chairperson-ship of Mission Director, NHM has been constituted to this effect. After detailed deliberation and discussion, the following decision were taken in the meeting:

#### 1. Development of Annual School Activity Calendar

It has been decided that in order to streamline the activities conducted at school level, annual school health calendar shall be developed covering all health related activities along with other activities conducted by other convergence department at school level during the year and Elementary, Higher education and WCD department will share their activity calendar with NHM. In addition, advisory on WIFS can be released from NHM office to the Education Department so that it can be circulated amongst the schools.

3706  
18/11/23

E-8  
for contribution to field office  
of education  
16/11/23

(Action by: Director Higher & Elementary Education, WCD HP, NHM)

## 2. Orientation of District Education functionaries:

As various health related programme /activities are being carried out at school level during the year to address the comprehensive health issues of school children. It has been decided that a virtual meeting with all District Education Authorities/Deputy Directors may be conducted in coordination with Education Department to orient them about health related activities to implement in a more appropriate manner at school level. Therefore, Education department may share the schedule of meeting so that orientation may be organized accordingly.

(Action by: Director Higher & Elementary Education)

## 3. Identify top three Gender Wise Health Issues:

It has been directed that SPO RBSK will communicate with their team to identify top three health issues in boys and girls based upon the data available with RBSK teams.

(Action by: NHM)

## 4. Database of school Going children:

It has been further directed by the chair to develop Health card for every student to maintain the data base of students at school level. We can also make an application to collect the data of every child which will be filed by school authorities

(Action by: NHM, Education Deptt.)

## 5. Awareness Generation of Tele Manas Helpline Number and Nayi Disha Kendra:

- It has been further decided by the chair that proper IEC activities related to Nayi Disha Kendra and Tele Manas helpline number shall be conducted by displaying sun board/posters etc. at school level to generate awareness amongst students about mental health & adolescent health.

(Action by: NHM HP)

## 6. Action Plan:

It has been suggested by the chair that at the end of every year assessment/end line can be done through health promoting check list and correlate it with baseline. Also feedback mechanism should be established through committee to identify the root cause of health issues to find out end to end solution to actual problem.

(Action by: NHM HP)

Meeting ended with vote of thanks to the chair.

Mission Director  
National Health Mission  
Himachal Pradesh.

Directorate of Elementary Education  
Himachal Pradesh, Shimla-171001

15 NOV 2023  
November, 2023  
शिमला-१

Endst. No. EDN-H(4)(Ele.)4-10/2023 (Health)

Copy to:-

1. All the Deputy Directors of Elementary Education in Himachal Pradesh with the directions to take immediate appropriate action for implementation of minutes, in letter and spirit, of the meeting of Committee held on 17.10.2023 at 11.00 a.m. under the Chairmanship of Mission Director, NHM to discuss the various issues related to development of Annual School Health Calendar.
2. The Mission Director, National Health Mission H.P., Shimla-9, for information, please

Addl. Director (Admn.)  
Dte. of Ele. Edu., HP

Endst No: EDN-KURCE/BJ MISC 2023/24 Dated November 2023  
to the Deputy Directors of Elementary Education Kangra at Dhamshala

Copy forwarded through website to all Principals, Headmasters, Incharge stand alone middle schools and all the B.E.O. of Distt; Kangra for information and further necessary action in the matter please.

Dy. Director of  
Elementary Education  
22 NOV 2023  
Dispatch No. 8495  
Kangra at Dharamshala

Dy. Director of Elementary Edu.  
Kangra at Dharamshala  
(H.P.) -176215

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