

OFFICE OF THE CHIEF MEDICAL OFFICER, KANGRA AT DHARAMSHALA, DISTT. KANGRA

ENDST. NO. HFW/KGR/NRHM/NDD/01-2016/ 1323-38

DATED: 6/4/2019

To

Circular on the file

The District Project Officer (ICDS), Kangra at Dharamshala

The Deputy Director Higher Education, Kangra at Dharamshala

The Deputy Director Elementary Education, Kangra at Dharamshala

All the Block Medical Officers,

Distt. Kangra

Dated the

Dharamshala - 176215

Subject: Regarding Support in observing 1st Round of National De-worming Day (NDD) on 1st May, 2019.

Sir,

With reference to letter No.: HFW-H/NDD/2017 dated 25th March, 2019 on the subject cited above.

Please find attached herewith the letter for your information and further support in observing 1st Round of National De-worming Day (NDD) on 1st May, 2019.

Encl: Two (2) pages.

[Signature]
5-4-19
Chief Medical Officer
Kangra at Dharamshala

Endst.No. EDN-KGR-(E-7)-Misc/2018-19 - 388-408

Dated: 11/04/2019

Copy forwarded to:-

1. All the the Block Elementary Education Officers in Distt. Kangra for information and further necessary action.
2. The Chief Medical Officer, Kangra at Dharamshala for information please.

[Signature]
Dy. Director Elementary Education
Kangra at Dharamshala

NO. HFW-H/NDD/2017
National Health Mission,
Phase-3, Sector-6, Kangradhar
New Shimla, Himachal Pradesh

To,
The Director
Women and Child Development
Shimla-2
Himachal Pradesh



Dated, the Shimla 9

Subject: Regarding support to observe National De-worming day and Vitamin A on 1st May 2019 in Himachal Pradesh

Sir,

National Deworming day is biannual event to be celebrated every year. Focus is to improve nutrition and anaemia status among the children from age group of 1 yr till 19 yrs. It will be one day activity all over the state among all Govt., Govt. Aided and Private schools, play schools and Anganwari centres. Since both Albendazole and Vitamin A are to be given Biannually as per GoI & WHO guidelines, hence it has been decided to club both activities on single day for children from 1-5 years of age. For children above 5 years of age, only tablet Albendazole will be given.

Children between 1-5 yrs will be covered through Anganwari centres in rural areas and Anganwari centers /PHC in cities and urban areas. It is to be jointly organised by Health, WCD and Education department.

Children between 1-5 years will be given 2ml Vitamin A syrup first, subsequently after gap of 5 minutes tablet Albendazole to be given for chewing followed by water. Above 5 years age, only tablet Albendazole will be given for chewing followed by water.

The NDD will be conducted on 1st May 2019 with mop up on 8th May, 2019 for left out children who missed consuming Albendazole on 1st May round.

You are requested to support NDD as under:

- Health Education to parents and emphasis on hand washing, hygiene, sanitation along with ASHA and ANM using VHSNC platform
- Importance of de-worming activity and Biannual Vitamin A to reduce Under 5 mortality and Anemia to be shared with parents. Motivate parents to bring children to AWC and give them Vitamin A along with Albendazole tablets
- Ensure AWW collects required number of Albendazole tablets, Vitamin A syrup bottles from BMO/ANM before activity. Have adequate stock of medicine, safe drinking water and glasses for conducting De-worming day
- Make line list of all children enrolled in AWC, as well as out of school children and adolescents in her population

- Display IEC on De-worming and Vitamin A at AWC

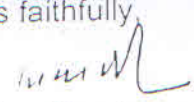
Dose:

- AWW should know that children between 1 year till 2 years receive half tablet of Albendazole (Strength of each tablet is 400mg) and children above 2 yrs of age received full tablet Albendazole. Always tell child to chew the tablet (गोली निगलने से पहले चबाएँ). Under no circumstances, children are allowed to take tablet home for consumption. Only under direct supervision of AWW the tablet should be chewed first and then give water to drink. This tablet can be taken on empty stomach.
- Children between 1-5 years will receive 2 ml Vitamin A syrup(Each ml having 1 lac units Vitamin A)

Side Effects: Vitamin A and Albendazole tablet is very safe. If some child complains of vomiting, or pain in abdomen tell the child to lie down in shade/inside room. Keep child under observation for half an hour give him only water to drink. In case of emergency 108 services is available. The contact no. of Medical Officer at nearest PHC and ANM in nearest sub centre should always be available with AWW

Reports: The reporting of children given Albendazole tablet on Deworming day along with Vitamin A for age 1-5 years and subsequently on Mop up day (for left out children) to be completed and handed over to ANM soon after end of activity. She also keeps one copy of reporting format for her record.

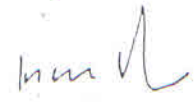
Kindly issue letters to your district and block level officers for attending District/ Block level Workshop in their respective districts, to orient AWW on Biannual rounds of Vitamin A and Albendazole and cooperate to make NDD successful in state. I look forward to your support.

Yours faithfully,

MISSION DIRECTOR (NHM)
25 MAR 2019
New Shimla-9 (NHM)
Mission Director
National Health Mission
Himachal Pradesh
Dated

Endst No. HFW-H/NDD/2017

Copy forwarded to:

1. Addl. Chief Secretary (Health) to the GoHP, Shimla-2 for information please
2. The Director Health and Family Welfare, Shimla-9 for information please
3. All the Chief Medical Officers in Himachal Pradesh for information and necessary action please


Mission Director
National Health Mission
Himachal Pradesh